


APRIL 2026: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	Spring Recess 2	Spring Recess 3
<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>		<p>Banana Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p>	<p>Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)</p>
Spring Recess 6	Spring Recess 7	Spring Recess 8	Spring Recess 9	Spring Recess 10
<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Applesauce (VE)</p>	<p>Honey Corn Breakfast Bread (V)</p> <p>Colby Jack Cheese Cubes (V)</p>	<p>Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p>	<p>Yogurt Choice (V)</p> <p>Apple Cinnamon Granola (V)</p> <p>Raisins (VE)</p>
13	14	15	16	17
<p>Honey Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Raisins (VE)</p>	<p>Whole Grain Croissant (V)</p> <p>Colby Jack Cheese Stick (V)</p>	<p>Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)</p>	<p>Blueberry Breakfast Bread (V)</p> <p>Honey Roasted Sunflower Seeds (V)</p>	<p>Yogurt Choice (V)</p> <p>Apple Cinnamon Granola (V)</p> <p>Raisins (VE)</p>
20	21	22	23	24
<p>Frosted Mini Wheats</p> <p>Honey Graham Cracker (V)</p> <p>Plain or Strawberry Banana Applesauce (VE)</p>	<p>Yogurt Choice (V)</p> <p>Blueberry Granola (V)</p> <p>Raisins (VE)</p>	<p>Banana Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p>	<p>Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)</p>
27	28	29	30	
<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Applesauce (VE)</p>	<p>Honey Corn Breakfast Bread (V)</p> <p>Colby Jack Cheese Cubes (V)</p>	<p>Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p>	

<p>Milk</p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p>Alternative options are available upon request</p>	<p>Cold Cereal Choices</p> <p>Berry Toasted Oats (VE)</p> <p>Blueberry Granola (VE)</p> <p>Cereal with Oat Clusters (V)</p> <p>Cinnamon Vanilla Granola (VE)</p> <p>Honey Toasted Oats (V)</p> <p>Shredded Wheat</p> <p>Toasted Oats (VE)</p>	<p>OFFERED DAILY</p> <p>Options may vary by location</p> <p>Breakfast After the Bell</p> <p><u>Grab and Go</u></p> <p>Alternative Breakfast</p> <p><u>Grab and Go</u></p> <p>(Cereal, Fruit and Milk)</p>	<p>Seasonal Fresh Fruit</p> <p>Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p> <p>Condiments</p> <p>Syrup (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



APRIL 2026: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	Spring Recess 2	3
<p style="font-size: 0.8em; margin: 0;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>		<p style="margin: 0;">Chicken Tenders With Teriyaki Dipper</p> <p style="margin: 0;">Sesame Noodles (VE)</p> <p style="margin: 0;">Katsu Broccoli (VE)</p>	<p style="margin: 0;">Rustic White Bean and Pasta Primavera (VE)</p> <p style="margin: 0;">Garlic Knot (V)</p> <p style="margin: 0;">Roasted Zucchini and Tomatoes (VE)</p>	<p style="margin: 0;">Peach BBQ Chicken Thigh</p> <p style="margin: 0;">Buttermilk Biscuit (V)</p> <p style="margin: 0;">Baked Beans (VE)</p>
Spring Recess 6	Spring Recess 7	Spring Recess 8	Spring Recess 9	Spring Recess 10
<p style="margin: 0;">Sicilian Slice Pizza (V)</p> <p style="margin: 0;">Creamy Lima Beans (V)</p>	<p style="margin: 0;">Taco Spiced Chicken Bites</p> <p style="margin: 0;">Salsa (VE)</p> <p style="margin: 0;">Fiesta Vegetable Rice (VE)</p> <p style="margin: 0;">Zesty Corn (VE)</p>	<p style="margin: 0;">Crispy Chicken Parmigiana Sandwich on Ciabatta</p> <p style="margin: 0;">Lemon & Chive Peas (VE)</p> <p style="margin: 0;">Chickpea & Pimento Salad (VE)</p>	<p style="margin: 0;">Golden Chicken Thigh</p> <p style="margin: 0;">Naan Bread (VE)</p> <p style="margin: 0;">Saag Spinach (VE)</p> <p style="margin: 0;">Honey Diced Sweet Potatoes (V)</p>	<p style="margin: 0;">Three Bean Chili (VE)</p> <p style="margin: 0;">Mac & Cheese (V)</p> <p style="margin: 0;">Baked Tortillas (VE)</p> <p style="margin: 0;">Adobo Green Beans (VE)</p>
13	14	15	16	17
<p style="margin: 0;">Sicilian Slice Pizza (V)</p> <p style="margin: 0;">Corn, Peas, Carrots (VE)</p> <p style="margin: 0;">Italian Chickpeas (VE)</p>	<p style="margin: 0;">Caribbean Style Beef Patty</p> <p style="margin: 0;">Sweet Plantains (VE)</p>	<p style="margin: 0;">"Stir-Fry" Chicken with Peppers</p> <p style="margin: 0;">Veggie Ginger Soy Rice (VE)</p> <p style="margin: 0;">Ginger Carrots (V)</p> <p style="margin: 0;">Garlicky Green Beans (VE)</p>	<p style="margin: 0;">Chickpea Shawarma (VE)</p> <p style="margin: 0;">Naan Bread (VE)</p> <p style="margin: 0;">Herb Roasted Cauliflower (VE)</p>	<p style="margin: 0;">Fajita Chicken Burger</p> <p style="margin: 0;">Salsa (VE)</p> <p style="margin: 0;">Crispy Broccoli (V)</p>
20	21	22	23	24
<p style="margin: 0;">Sicilian Slice Pizza (V)</p> <p style="margin: 0;">Sweet Potato Waffle Fries (VE)</p> <p style="margin: 0;">Bruschetta Tomato Salad (V)</p>	<p style="margin: 0;">Greek Lemon Chicken Pita With Tzatziki (V)</p> <p style="margin: 0;">Citrus and Herb Roasted Potatoes (VE)</p>	<p style="margin: 0;">Chicken Tenders With Teriyaki Dipper</p> <p style="margin: 0;">Sesame Noodles (VE)</p> <p style="margin: 0;">Katsu Broccoli (VE)</p>	<p style="margin: 0;">Rustic White Bean and Pasta Primavera (VE)</p> <p style="margin: 0;">Garlic Knot (V)</p> <p style="margin: 0;">Roasted Zucchini and Tomatoes (VE)</p>	<p style="margin: 0;">Peach BBQ Chicken Thigh</p> <p style="margin: 0;">Buttermilk Biscuit (V)</p> <p style="margin: 0;">Baked Beans (VE)</p>
27	28	29	30	
<p style="margin: 0;">Sicilian Slice Pizza (V)</p> <p style="margin: 0;">Creamy Lima Beans (V)</p>	<p style="margin: 0;">Taco Spiced Chicken Bites</p> <p style="margin: 0;">Salsa (VE)</p> <p style="margin: 0;">Fiesta Vegetable Rice (VE)</p> <p style="margin: 0;">Zesty Corn (VE)</p>	<p style="margin: 0;">Crispy Chicken Parmigiana Sandwich on Ciabatta</p> <p style="margin: 0;">Lemon & Chive Peas (VE)</p> <p style="margin: 0;">Chickpea & Pimento Salad (VE)</p>	<p style="margin: 0;">Golden Chicken Thigh</p> <p style="margin: 0;">Naan Bread (VE)</p> <p style="margin: 0;">Saag Spinach (VE)</p> <p style="margin: 0;">Honey Diced Sweet Potatoes (V)</p>	

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p style="margin: 0;">Milk</p> <p style="margin: 0;">1% Low-fat (V)</p> <p style="margin: 0;">Fat Free (V)</p> <p style="margin: 0;">Fat Free Chocolate (V)</p> <p style="margin: 0; font-size: 0.8em;">Alternative options are available upon request</p>	<p style="margin: 0;">ATTENTION:</p> <p style="margin: 0; font-size: 0.8em;">All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p style="margin: 0; font-size: 0.8em;">OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="margin: 0; font-size: 0.8em;">Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>
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OFNS has an extensive Prohibitive Ingredients List available at:

Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.